



FALLBROOK FAMILY TIMES

YOUTH TEEN & FAMILY NEWSLETTER

Fallbrook Y · Lincoln, NE · Issue 21 · September 2011

Happy 2nd Birthday Fallbrook YMCA

It's been two years! Two great, fun and exciting years! On September 1, 2011 the Fallbrook YMCA celebrated it's second birthday and the day before our birthday we opened the doors to our new preschool program! In the past two years our Youth, Teen & Family Programs have grown tremendously. Some of the children who were toddlers in Child Watch are now in our Preschool program! The children who were fourth graders in our Adventure Club Program at Kooser Elementary School are now sixth graders in our Teen Time program for School Middle School Students. Your children and families are growing right along with us! It has been such a pleasure getting to know all of you and we are so thankful you have chosen the Fallbrook Y to be a part of your family's life! We've made some great memories along the way so far and we are looking forward to many more!

Emmalie

Emmalie Krysl

Youth, Teen & Family Program Director

What's New In Child Watch

- **Family Information Board:** Please be sure to check out the Family Information Board located on the east wall of the Child Watch Center to stay up to date with Child Watch and Kids Quest events and activities and news and information regarding Child Watch.
- **Name Tags:** Help the staff and other children in Child Watch learn your child's name. Be sure to put a name tag on your child when you arrive in Child Watch.
- **Kids' Night Out:** Don't forget, Kids Night Out is always held on the 3rd Friday of each month and registration is always on the 1st Friday of each month. Registration is available online and at the Fallbrook YMCA Front Desk! For more information visit www.ymcalincoln.org or contact Emmalie at ekrysl@ymcalincoln.org.
- **Snack Reminder:** Please remember you are more than welcome to bring a small, dry snack into Child Watch in the event your child becomes hungry during their visit. However, please ensure that the food you bring does NOT pose a choking hazard or contain common allergens. Nuts, popcorn, peanut butter, and/or any snacks that **may contain** peanuts/peanut butter are NOT allowed. We also do not allow cookies, candy, soda or gum in the Child Watch Center. For a list of snacks that are appropriate for Child Watch please check out the Family Information Board in Child Watch.
- **Diaper Reminder:** Please remember that the YMCA does not provide diapers and wipes. Families are asked to provide their own diapers and wipes, labeled, and leave them in the Child Watch Center, or bring them each time you visit. If your child will need a diaper change be sure to write it on the Diaper Board, located on the south wall in the Child Watch Center.
- **Entering & Exiting Child Watch:** All children MUST be checked into Child Watch by the parent/guardian on the family membership. All families exiting Child Watch MUST use the exit door when leaving the Child Watch Center.



Our New Preschool

Many of you who come to the Y in the mornings may have noticed our new preschool room in the Family Center! After 2 years of phone calls asking if we have a preschool program at the Fallbrook Y I am happy to now say, "YES, we do!" By utilizing some mobile classroom pieces, fold up tables and storage space we are able to set up a very functional and educational preschool classroom, quickly and easily, every morning! Right now we offer a Monday, Wednesday & Friday class for 4 and 5 year old children and a Tuesday, Thursday class for 3 and 4 year old children. Our classes are currently full. Registration for the 2012-2013 school year will be sometime in February or March of 2012, so be sure to watch our website for that information. If you add your child to the current waiting list please be aware that is for this current program, not next year's program. Any families currently enrolled in preschool and any families wanting a spot next year will have to register during the registration for next year. Member registration will begin before non-member registration.

The Lincoln YMCA is now on [facebook](#) Follow Us Today!

Summer Day Camps 2011 Wrap Up

- **THANK YOU** to all of the families who participated in our 2011 Summer Day Camps!! We had a great time with all of you and the summer went by way too fast. We look forward to seeing you next summer!
- **Survey:** Please take a few minutes to complete the Fallbrook YMCA Summer Camp Survey online at <http://www.surveymonkey.com/s/VQ722RS> by October 1, 2011. Your feedback on the programs offered this summer will help us as we prepare and plan for next summer.
- **Registration for the 2012 Summer Camps** will be in early in 2012. Look for more information and brochures to become available in December 2011/January 2012

Please Note: When Lincoln Public School is in session throughout the school year, anyone 14 years of age or younger must be participating in a supervised program or be accompanied by a parent in the Fallbrook YMCA facility, between the hours of 3:00 PM and 5:00 PM.



Trunk or Treat



Join Us for the 1st Fallbrook Y
Trunk or Treat Fall Festival
Monday, October 31, 2011
6:00-7:00 PM

A Safe & Fun Event for the Whole Family!
Dress up in your costume, or not, and Trunk or Treat from car to car for treats, prizes, coupons and much more!

A dinner of hot dog, chips and a drink will be available for purchase. Admission for this event is free but families are asked to bring a can of food for the People's City Mission or make a donation to the Strong Kids Campaign at the door.

Registration begins on September 23,
online at ymcalincoln.org and at the YMCA.

Volunteers (with Trunks) Needed! Please contact Emmalie Krysl if interested in volunteering for this event!



Check out the Fundays Schools Out Program

Looking for Child Care on LPS days off? The Fundays Schools Out Program is open to elementary and middle school students, both members and non-members on select Lincoln Public School days off! A typical Funday includes swimming at the Fallbrook YMCA, crafts, games, sports, hanging out with friends, a field trip or special activity and much more! We have lots of fun things planned for the 2011-2012 school year so be sure to register today!! For more information or to register for any 2011-2012 Fundays, please visit our website at www.ymcalincoln.org or stop by the Fallbrook YMCA Front Desk. Full payment for each Funday you are registering for is due at the time of registration and the fees are non-refundable, non-transferable. We will need a Child Information Form and Immunization record on file for your child to participate in the Fundays Program.