



Dolphin Swim Team

Summer 2012

Contact Information

Jennifer Roller
(402) 434-9252
jroller@ymcalincoln.org

Dolphin Swim Team

This summer swim team focuses on stroke development, endurance and self-confidence in a team setting.

Session & Registration Dates

Session Dates Registration Dates
May 29 - July 28 Y Members Begins May 1

No online registration is available. Please stop by the Northeast Y to register.

Days & Times

Monday-Thursday Friday
7:00pm-8:00pm 5:30-6:30pm
No practice Wednesday, July 4.

Fees

Y Member \$130*

Participants must be a member in good standing May - July 2012 to participate in this program.

*Fee includes a team t-shirt & the \$28 Parks & Rec. Fee.

Prerequisites for Dolphins

Swimmers must have completed one session of Y Minnow level or equivalent. Must be able to swim one pool length (25 yards) of front crawl, back crawl and breaststroke continuously.

Activities

Our coaches feel it is important to develop team building skills as well as swimming skills. Team building activities are an integral part of our team and will have activities in practice and with the Cooper Y Dolphin team to promote this. More information and details about the following events will be handed out in practice.

Dolphin Meet & Greet
At the Northeast Y
Friday, June 8 5:30-7:00pm

Dolphin Summer Celebration
At the Cooper Y
Sunday, July 29 6:00-8:00pm

Competition

The Dolphin Swim Team participates in the Lincoln Parks and Recreation Summer League. The meets are held on Saturday's and one Wednesday at local pools.

Meets will be held on the following dates, meet locations are to be determined.

Meets: June 23, June 30, July 7, and July 11

All-city championships: July 28

To be eligible for the city championships, participants must participate in at least 2 regular season meets.

Attendance Policy

Participants must attend at least 3 days per week to participate in that weeks meet.

If practice is canceled it will NOT be made up.

Northeast Y



Registration Information

Pickup/Drop off

The YMCA will not be responsible for children left unattended prior to the actual start time of the program/class. The YMCA will also not be responsible for children left after the stop time of the program/class. Parents/Guardians are responsible for making arrangements to pick up their child on time.

Lincoln YMCA Refund Policy

A requested refund 2 business days prior to the start of any activity or class will be issued as 100% credit. After that a 50% credit will be issued prior to the start date of the activity. After the start of the class, no refunds will be given. If the YMCA cancels a class or program there will be a full refund.

Make-Up Classes

It is the policy of the Lincoln YMCA to not allow make-up classes by taking part in other classes due to participants being absent due to reasons not associated with the YMCA (vacation, illness, other activities, etc.) Class cancellations made by YMCA will be rescheduled.

Photo/Video Disclosure Statement

The YMCA of Lincoln, Nebraska may on occasion take photographs and/or video of its members or program participants for use in print materials or by electronic methods. Your entry into YMCA facilities, participation in YMCA programs or participation in YMCA events grants permission for the YMCA of Lincoln, Nebraska to use these photographs and/or video in its marketing and public relations efforts.

Cooper

6767 S. 14th Street
Lincoln, NE 68512
(402) 323-6400

Downtown

1039 P Street
Lincoln, NE 68508
(402) 434-9230

Fallbrook

700 Penrose Drive
Lincoln, NE 68521
(402) 323-6444

Northeast

2601 N. 70th Street
Lincoln, NE 68507
(402) 434-9262

Youth Sports

570 Fallbrook Blvd., # 210
Lincoln, NE 68521
(402) 434-9217

Camp Kitaki

570 Fallbrook Blvd., #210
Lincoln, NE 68521
(402) 434-9225