



Gymnastics

Winter/Spring 2012

Contact Information

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Gymnastics

This program offers a variety of gymnastics classes for children of all ages and abilities. From parent and child class to advanced level classes, see what we have to offer.

Session and Registration Dates

Session Dates

January 30 - March 10
March 26 - May 5

Registration Dates

Y Members Begins January 17
Y Members Begins March 13

Non Y Members Begins January 19
Non Y Members Begins March 15

Time

Each class meets once a week for six weeks. Class descriptions are on the back side of this flyer.

Thursday

5:00 pm - 5:45 pm
5:50 pm - 6:20 pm
6:25 pm - 7:10 pm

Live Y'ers
Tiny Tumblers
Rollers

Fees

Y Member	\$24
Y Non-Member	\$48

Registration Information

Pickup/Drop off

The YMCA will not be responsible for children left unattended prior to the actual start time of the program/class. The YMCA will also not be responsible for children left after the stop time of the program/class. Parents/Guardians are responsible for making arrangements to pick up their child on time.

Lincoln YMCA Refund Policy

A requested refund 2 business days prior to the start of any activity or class will be issued as 100% credit. After that a 50% credit will be issued prior to the start date of the activity. After the start of the class, no refunds will be given. If the YMCA cancels a class or program there will be a full refund.

Make-Up Classes

It is the policy of the Lincoln YMCA to not allow make-up classes by taking part in other classes due to participants being absent due to reasons not associated with the YMCA (vacations, illness, other activities, etc.). Class cancellations made by YMCA will be rescheduled.

Online Registration Available - ymcalincoln.org

To receive your user ID and pin number, please contact the Northeast Y front desk at (402) 434-9262.

Photo/Video Disclosure Statement

The YMCA of Lincoln, Nebraska may on occasion take photographs and/or video of its members or program participants for use in printed materials or by electronic methods. Your entry into YMCA facilities, participation in YMCA programs or participation in YMCA events grants permission for the YMCA of Lincoln, Nebraska to use these photographs and/or video in its marketing and public relations efforts.



Northeast Y

Class Descriptions

Parent and Child Level

Tiny Tumblers 18 months to 3 years

Participants will practice basic tumbling skills, learn social skills and develop a sense of hand-eye and large motor coordination through activities.

Pre-School Level

Live Y'ers 3 to 6 years

Participants will practice basic tumbling skills, learn social skills and develop a sense of hand-eye and large motor coordination through activities. This class is not parent accompanied.

Youth Level

Rollers 6 years plus

In this introduction to gymnastics class, participants will practice basic gymnastics skills to prepare child for level I gymnastics.

Level gymnastics is available at the Cooper YMCA.

Cooper

6767 S. 14th Street

Lincoln, NE 68512

(402) 323-6400

Downtown

1039 P Street

Lincoln, NE 68508

(402) 434-9230

Fallbrook

700 Penrose Drive

Lincoln, NE 68521

(402) 323-6444

Northeast

2601 N. 70th Street

Lincoln, NE 68507

(402) 434-9262

Youth Sports

570 Fallbrook Blvd., # 210

Lincoln, NE 68521

(402) 434-9217

Camp Kitaki

570 Fallbrook Blvd., #210

Lincoln, NE 68521

(402) 434-9225