



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY



GET IN THE GAME

Youth Sports 2020

SPRING

Registration Begins: January 1
Season: March - May

Soccer	Preschool - 9th grade
Flag Football	Preschool - 8th grade
Cheerleading	Kindergarten - 5th grade
Golf	5 - 14 years old
Bowling	5 - 14 years old
Volleyball	1st - 9th grade
3v3 Basketball	2nd - 8th grade
Cross Country	1st - 6th grade

SUMMER

Registration Begins: February 1
Season: May - July

Baseball	Preschool - 8th grade
Softball	Preschool - 8th grade
Golf	5 - 14 years old
Bowling	5 - 14 years old
Sports Camps	Preschool - 8th grade
*Registration Begins April 1	
Adventure Run	Families - All ages
*Registration Begins May 1	
Itty Bitty Sampler	4 & 5 years old
*Registration Begins May 1	

FALL

Registration Begins: June 1
Season: August - October

Soccer	Preschool - 9th grade
Flag Football	Preschool - 8th grade
Cheerleading	Kindergarten - 5th grade
Golf	5 - 14 years old
Bowling	5 - 14 years old

Registration Begins: July 1
Season: September - November

Volleyball	1st - 9th grade
3v3 Basketball	2nd - 8th grade
Baseball	Preschool - 2nd grade
Softball	Preschool - 2nd grade

WINTER

Registration Begins: September 1
***October 1**

Season: December - February

Basketball	Kindergarten - 8th grade
*Golf Clinic	Kindergarten - 6th grade
*Bowling	5 - 14 years old
*Itty Bitty Sampler	4 & 5 years old
*Soccer Academy	Kindergarten - 8th grade
*Volleyball Academy	2nd - 8th grade
*Baseball/Softball Training	Kindergarten - 6th grade

REGISTER ONLINE! ymcalincoln.org/youth

Youth Sports Office
Monday - Friday 8:00am - 5:00pm
402-434-9217 | ymcalincoln.org

- Not all Youth Sports programs are listed.
- Check website for specific information.
- Dates are subject to change.