



# YMCA Spirit Flag Football Coach Information

The YMCA Spirit Flag Football League is for competitive teams seeking to compete and develop in an encouraging atmosphere. Multiple divisions will offer teams an opportunity to compete against opponents with a similar skill level.

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## League Information

- ◆ Grades 3rd-6th for school year 2020/21. (League Director reserves the right to combine divisions if necessary)
- ◆ Games on Thursday and Friday evenings at YMCA Wright Park
- ◆ 8 game season beginning August 13/14.
- ◆ Can have 2 weekly practices determined by volunteer coach.
- ◆ Flexible game scheduling by request.
- ◆ A team roster must be submitted to the Youth Sports Office by July 20, 2020.
- ◆ Team roster must have at least 8 players.
- ◆ \$68 per player. YMCA Family Members can deduct \$10.
- ◆ All Registration Fees must be paid by Friday, July 31, 2020. A player is not registered until they have paid.
- ◆ A Mandatory Coach Meeting will be held on Wednesday July 29. Coaches will be contacted with meeting time and location. The meeting will consist of league rules, player/coach/fan expectations.

**The YMCA of Lincoln, NE is committed to provide a safe, fun and encouraging atmosphere for everyone.**

- ◆ All Head Coaches must be at least 18 years old.
- ◆ As a volunteer coach with the YMCA of Lincoln, NE, you are giving us permission to conduct a review of your background which may include criminal history and/or child protective services.

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	<b>Important Dates</b>	
<b>League Director</b>	July 20	Team Rosters Deadline
<b>Troy Pekas</b>	July 31	All registration fees paid
tpekas@ymcalincoln.org	August 1	Late fee of \$10 added.
402-434-9215	July 29	Coaches Meeting
	August 3	First Week of Practice
	August 6	Schedules Posted
	August 13/14	Season Begins