

Group Fitness Schedule
February 2021

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Director |

28 SUN	1 MON	2 TUE	3 WED	4 THU	5 FRI	6 SAT
Yoga 3:00 PM Amy A. Maria .	Boot Camp 5:15 AM Carla Z. Water Fit Shallow 8:00 AM Diana S. Step 8:30 AM Jackie M. Yoga 9:30 AM Iryna P. Boot Camp 12:15 PM Johnathon H. POP Pilates 5:30 PM Alana F. Cycling Fusion® 5:30 PM Emily W.	Water Fit Shallow 5:30 AM Wendy H. Strength Training 8:30 AM Water Fit Shallow 9:30 AM Janalynn M. Boot Camp 4:30 PM Jodie J. Pound® 5:30 PM Nikki D. Group Cycling 5:30 PM Amber H. MixedFit® 6:30 PM Sydney H.	Group Cycling 5:15 AM Carla Z. Yoga 8:30 AM Iryna P. Water Fit Shallow 9:30 AM Tonya S. Boot Camp 9:30 AM Jana H. Enhance Fitness 11:00 AM Tonya S. Boot Camp 12:15 PM Kevin K. Boot Camp 5:30 PM Emily W. Water Fit Shallow 5:40 PM Brooke V. Yoga 6:30 PM Amy A.	Boot Camp 5:15 AM Tyler W. Strength Training 8:30 AM Amber H. Kickboxing 9:30 AM Natasha K. Group Cycling 9:30 AM Jana H. MixedFit® 5:30 PM Danielle G. Water Fit Shallow 5:40 PM Tonce E. Boot Camp 6:00 PM Nate H.	Group Cycling 5:15 AM Carla Z. Step 8:30 AM Jackie M. Yoga 9:30 AM Maggie A.	Water Fit Shallow 8:15 AM Wendy H. Power C.S.I. 9:30 AM Jess R. Group Cycling 9:30 AM Ashley D. MixedFit® 10:30 AM Regina K. Michelle .