



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

SPRING 2018 YOUTH SPORTS

LACROSSE

- LACROSSE PRESEASON INDOOR TRAINING (GRADES 3-8)**
2 wks on Tues. after 6pm, Feb. 27 & Mar. 6 (limited to 14 kids)
- MICRO LACROSSE (GRADES 1-2)**
6 wks on Sat., starts Apr. 7 (t-shirt included)
- LACROSSE LEAGUE (GRADES 3-8)**
7 wks on Sun., starts Mar. 25 (reversible jersey required)

VOLLEYBALL

- MICRO VOLLEYBALL (GRADE 1)**
6 wks on Sun., starts Apr. 8 (t-shirt included)
- RECREATIONAL VOLLEYBALL (GRADES 2-9)**
6 wks on Sun., starts Apr. 8 (t-shirt included)

SOCCER

- MICRO SOCCER (PRE-K TO GRADE 3)**
7 wks on Sat./Sun., starts Mar. 24/25 (red/blue reversible soccer jersey required)
*Pre-K participants must be age 5 by 7/31/18
- RECREATIONAL SOCCER (K TO GRADE 9)**
7 wks on Sat./Sun., starts Mar. 24/25 (red/blue reversible soccer jersey required)

JR. HUSKERS FOOTBALL

- RECREATIONAL FLAG FOOTBALL (GRADES 1-8)**
7 games on Sun./Mon./Tues./Thurs., starts Mar. 25/26/27/29 (reversible football jersey required)
- MICRO FLAG FOOTBALL (KINDERGARTEN)**
7 wks on Mon./Tues., starts Mar. 26/27 (reversible football jersey required)

FLAG FOOTBALL/CHEER

- FLAG FOOTBALL CLINIC (PRE-K)**
4 wks on Sat., starts Apr. 7 (t-shirt included)
*Pre-K participants must be age 5 by 7/31/18
- CHEERLEADING CLINIC (K TO GRADE 5)**
5 wks on Sun., starts Apr. 8 (t-shirt and pom poms included)

BOWLING

- BOWLING LEAGUE (GRADES 1-8)**
6 wks on Mon./Tues., starts Mar. 5/6 (t-shirt included)
Locations: Hollywood Bowl, Parkway Lanes & Sun Valley Lanes

OPEN DOORS FINANCIAL ASSISTANCE:

We welcome everyone to the Lincoln YMCA. Learn about our Financial Assistance Program at ymcalincoln.org/opendoors



SPIRIT COMPETITIVE LEAGUES

- VOLLEYBALL:** Julie Haag, 402-434-9214
- SOCCER:** Claire Cantwell, 402-434-9216
- FLAG FOOTBALL:** Troy Pekas, 402-434-9215

YMCA jerseys are **REQUIRED** & cannot be preordered. Jerseys may be purchased in-person at the Youth Sports Office or on game days at Wright Park or Spirit Park (cash or check only).

Lincoln Y Youth Sports Office: Mon.-Fri. 8am-5pm
402-434-9217
570 Fallbrook Blvd., Ste. 210
Lincoln, NE 68521

All Lincoln Y coaches are volunteers. If interested, please indicate on the form below.

For more details or to register online, visit ymcalincoln.org/youth

Spring 2018 Youth Sports

Register online at ymcalincoln.org or mail this form & payment to: YMCA Youth Sports; 570 Fallbrook Blvd, Suite 210; Lincoln, NE 68521

Registration Deadlines:	Jan. 1-23 (Early)	Jan. 24-Feb. 13 (2 nd)	Feb. 14 or After (Late)	Jersey/T-shirt Requirement	Circle T-shirt Size, if Required
Lacrosse Preseason Indoor Training (Grades 3-8)	\$38	\$43	\$63	T-shirt included	YS • YM • YL AS • AM • AL
Micro Lacrosse (Grades 1-2)	\$43	\$48	\$68	T-shirt included	YS • YM • YL AS • AM • AL
Lacrosse League (Grades 3-8)	\$78	\$83	\$103	\$15 Jersey (preorder not available)	N/A - See Jersey Note on Top Panel
Micro Volleyball (Grade 1)	\$46	\$51	\$71	T-shirt included	YS • YM • YL AS • AM • AL
Recreational Volleyball (Grades 2-9)	\$50	\$55	\$75	T-shirt included	YS • YM • YL AS • AM • AL • XL • 2XL
Micro Soccer (Pre-K to Grade 3)	\$42	\$47	\$67	\$15 Jersey (preorder not available)	N/A - See Jersey Note on Top Panel
Recreational Soccer (K to Grade 9)	\$57	\$62	\$82	\$15 Jersey (preorder not available)	N/A - See Jersey Note on Top Panel
Jr. Huskers Recreational Flag Football (Grades 1-8)	\$59	\$64	\$84	\$18 Jersey (preorder not available)	N/A - See Jersey Note on Top Panel
Jr. Huskers Micro Flag Football (K)	\$42	\$47	\$67	\$18 Jersey (preorder not available)	N/A - See Jersey Note on Top Panel
Flag Football Clinic (Pre-K)	\$42	\$47	\$67	T-shirt included	YS • YM • YL AS • AM • AL
Cheerleading Clinic (K to Grade 5)	\$47	\$52	\$72	T-shirt included	YS • YM • YL AS • AM • AL • XL • 2XL
Bowling League (Grades 1-8)	\$60	\$65	\$85	T-shirt included	YS • YM • YL AS • AM • AL • XL • 2XL

PLAYER: Last Name MI First Name Gender Birthday (M/D/YR) School Grade 2017/2018

FATHER: Last Name First Name Birthday (M/D/YR) **MOTHER:** Last Name First Name Birthday (M/D/YR)

Address City State ZIP Code Primary Phone Secondary Phone

Email Address (For use of the team coach & the Youth Sports office)

2nd Email Address (For use of the team coach & the Youth Sports office)

I played last season and would like the SAME team: ___ Yes ___ No

Requests (No guarantees): _____

I would like to Head Coach: ___ Yes

Name: _____

E-mail/Address/Phone if different than above: _____

PHOTO/VIDEO DISCLOSURE STATEMENT: The YMCA of Lincoln, Nebraska, may take photographs and/or video of its members or program participants for use in print materials or by electronic methods. Your participation in Y programs grants permission for the YMCA of Lincoln to use these in its marketing materials. If you have a concern, please contact the program director for the Y program.

VOLUNTEER COACHES: Volunteers must report any criminal offenses, other than minor traffic violations, prior to volunteering. Contact Todd Johnson at 402-434-9219 if this pertains to you. The Y reserves the right to review all coaches' backgrounds, which may include a criminal history check. Upon request, volunteers must provide any information needed at any time to run such checks.

\$ _____ Registration Fee (Mark an "X" next to the sport/cost on the chart above.)

\$ _____ Deduct \$10 if participant is on a Lincoln Y Family Membership

\$ _____ Optional donation to help YMCA families in need

\$ _____ Total Paid

Payment: Cash ___ Check ___ MC ___ Visa ___ DISC ___ Amount Charged \$ _____

Card Number: _____ Exp. Date: _____

Cardholder's Signature: _____